

Weekly schedule



Biotechnology student in the 8th semester at DTU Lyngby

Study	Work	Social	Nothing	Training	Practical
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WEEK 23	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Morning	Calm morning	Calm morning	Yoga	Calm morning	Calm morning	Yoga	Calm morning
Late morning	Work	Lecture	Reading and preparation	Lecture	Work	Reading and preparation	Various errands
Afternoon	Work	Lecture Reading and preparation	Reading and preparation	Lecture Reading and preparation	Work	Coffee and walk Relaxation	Climbing Relaxation
Evening	Cook for the whole week Relaxation	Climbing Cooking Relaxation	Cooking Movie night with Katrine Relaxation	Climbing Cooking Relaxation	University Friday bar	Cooking Relaxation	Dinner with Sofie Relaxation

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Morning							
Late morning							
Afternoon							
Evening							